



Recipe Corner

Creamy Chicken Tortellini Soup

12 oz of cheese tortellini
4 tablespoons butter

2 ½ cups mirepoix mix (a combination of chopped onions, carrots, and celery)

5-6 cloves garlic, minced

1/3 cup all purpose flour

3 ½ cups milk

3 cups chicken or vegetable broth

2 cups cooked chicken, shredded or diced

2 cups packed baby spinach, roughly chopped

½ teaspoon dried thyme

¼ teaspoon nutmeg

Parsley, for serving

Prepare the tortellini according to directions listed on the package. (Note: you want the tortellini to finish cooking about the same time that the soup is finished cooking). In a large pot over medium high heat melt the butter and sauté the mirepoix mix for 6-8 minutes or until the onions start to turn translucent. Add the garlic and cook for 30 seconds or until it's fragrant. Add the flour and continue to cook for another 1-2 minutes or until the flour is completely mixed in and starts to just barely become a light golden color. Add the milk in a steady stream while you stir. This helps loosen up the flour mixture. Add the chicken broth. Allow soup to come to a boil, keep stirring as necessary so that nothing sticks to the bottom of the pot. Add the chicken, carrots, tortellini, baby spinach, along with the thyme and nutmeg and stir. Let everything come back to a simmer before turning the stove off. You want to serve this immediately so that the tortellini doesn't soak up all the liquid. Top with parsley and serve with crusty bread if desired.

Bell Ringers Needed...



Are you wanting to do something fun with your friends, family, or co-workers this Christmas Season? This community service opportunity will give you a chance to connect with many people and will bless our community.

Please call the Salvation Army at 283.3394 to register to ring at a local merchant location. You may also register online at registertoring.com.



Wednesday evenings

• 5:15-5:45pm • Supper

• 6-7:30pm • Awana Clubs



Waffles & Widows

Join other ladies for a time of encouragement & fellowship.

November 9 • 10am • Gym

Questions? Contact Tucky at 218.742.6040

Thank You Jesus



I have a friend named Dennis. Dennis is about six foot seven with white hair, a white goatee and a deep voice. In worship services you would hear his booming voice from the back of the room saying "hallelujah" or "praise Jesus". When I think of a person who is thankful I think of Dennis. His wife told me once that in the morning when he gets his first cup of coffee after each of the first sips he will say in his deep voice "Thank you Jesus." I want to be thankful like Dennis. Like many of you I pray before my meals. I must admit though that I will fold my hands to pray before I eat and realize that I'm not actually that

thankful for my meal. Sometimes my prayer before I eat is "Help me to be thankful." You see, I don't just want to give thanks, I want to *be thankful*. How do you do that? Well, here are a couple of Scripture verses that encourage me.

Let the peace of Christ keep you in tune with each other, in step with each other.

None of this going off and doing your own thing. And cultivate thankfulness.

Colossians 3.15 (The Message)

Look at that last sentence, "Cultivate thankfulness." I'm relieved to find out that thankfulness is something that can be grown. Like a garden it takes cultivating and daily maintenance. Your life is a garden that, with the help of Jesus, is growing more and more everyday. One of those things that we can grow in is thankfulness. But how do we cultivate it?

I will offer to you the sacrifice of thanksgiving and call on the name of the LORD.

Psalms 116.17

Giving thanks is a sacrifice. It costs you something. We could borrow from Dennis and experiment with saying "Thank you Jesus" out loud when we take our first sips of coffee. Come on Sunday morning and sing your heart out to Jesus even when you had a rough morning and the guitar player is slightly out of tune. It's in giving thanks that we cultivate thankfulness. I will be talking more about thankfulness on Sunday, November 24th. Let's grow together.

Here's some important Teens dates for November:

*Nov 2 - Middle School Duluth Trip

*Nov 8 - Nerf War

*Nov 20 - Guest Missionary Speaker

*Nov 22 - Open Gym

*Nov 27 - Teens time change for Thanksgiving (6-7pm)

*Nov 28 - Thanksgiving

Pastor Seth Bjornrud



Celebrate Recovery

When: Tuesdays

Time: 7pm

Where: Room 200

This is for *anyone* who has hurts or hang-ups that they are working through.

Questions?

• Mary LePage at 286-5236

• Will Davies at 283-0925



Christmas is coming!

Pick up a box and have fun filling it up! Packing/labeling information is inside each box.

• Please return by November 24.



◆ Tuesdays

◆ 9:15am

◆ Room 200

◆ All ladies are welcome.

YOUNG ADULTS

Who? Young adults following or seeking to follow Jesus and desiring friendships and fellowship with others.

What? We are an interdenominational group of young adults who meet Thursdays at 7pm to fellowship and grow in our faith together.

Questions? Contact Kathy Galusha at 286.5727 or Carol Anderson at 324.2470.

November

New Testament		Old Testament	
▶ JOHN	▶ 2 PETER	▶ JOB	▶ EZEKIEL
1. <input type="checkbox"/> 7:37-44	<input type="checkbox"/> 1:1-11	<input type="checkbox"/> 1	<input type="checkbox"/> 1-3
2. <input type="checkbox"/> 7:45-53	<input type="checkbox"/> 1:12-21	<input type="checkbox"/> 2	<input type="checkbox"/> 4-8
3. <input type="checkbox"/> 8:1-11	<input type="checkbox"/> 2:1-9	<input type="checkbox"/> 3	<input type="checkbox"/> 9-12
4. <input type="checkbox"/> 8:12-20	<input type="checkbox"/> 2:10-16	<input type="checkbox"/> 4	<input type="checkbox"/> 13-15
5. <input type="checkbox"/> 8:21-30	<input type="checkbox"/> 2:17-22	<input type="checkbox"/> 5	<input type="checkbox"/> 16
6. <input type="checkbox"/> 8:31-47	<input type="checkbox"/> 3:1-9	<input type="checkbox"/> 6	<input type="checkbox"/> 17-19
7. <input type="checkbox"/> 8:48-59	<input type="checkbox"/> 3:10-18	<input type="checkbox"/> 7	<input type="checkbox"/> 20-21
	▶ 1 JOHN		
8. <input type="checkbox"/> 9:1-12	<input type="checkbox"/> 1:1-4	<input type="checkbox"/> 8	<input type="checkbox"/> 22-23
9. <input type="checkbox"/> 9:13-25	<input type="checkbox"/> 1:5-10	<input type="checkbox"/> 9:1-20	<input type="checkbox"/> 24-26
10. <input type="checkbox"/> 9:26-41	<input type="checkbox"/> 2:1-11	<input type="checkbox"/> 9:21-35	<input type="checkbox"/> 27-28
11. <input type="checkbox"/> 10:1-10	<input type="checkbox"/> 2:12-17	<input type="checkbox"/> 10	<input type="checkbox"/> 29-30
12. <input type="checkbox"/> 10:11-21	<input type="checkbox"/> 2:18-23	<input type="checkbox"/> 11	<input type="checkbox"/> 31-32
13. <input type="checkbox"/> 10:22-42	<input type="checkbox"/> 2:24-29	<input type="checkbox"/> 12	<input type="checkbox"/> 33-34
14. <input type="checkbox"/> 11:1-16	<input type="checkbox"/> 3:1-10	<input type="checkbox"/> 13	<input type="checkbox"/> 35-37
15. <input type="checkbox"/> 11:17-37	<input type="checkbox"/> 3:11-18	<input type="checkbox"/> 14	<input type="checkbox"/> 38-39
16. <input type="checkbox"/> 11:38-44	<input type="checkbox"/> 3:19-24	<input type="checkbox"/> 15:1-16	<input type="checkbox"/> 40-41
17. <input type="checkbox"/> 11:45-57	<input type="checkbox"/> 4:1-6	<input type="checkbox"/> 15:17-35	<input type="checkbox"/> 42-44
18. <input type="checkbox"/> 12:1-11	<input type="checkbox"/> 4:7-21	<input type="checkbox"/> 16	<input type="checkbox"/> 45-47
19. <input type="checkbox"/> 12:12-19	<input type="checkbox"/> 5:1-12	<input type="checkbox"/> 17	<input type="checkbox"/> 48
			▶ DANIEL
20. <input type="checkbox"/> 12:20-36	<input type="checkbox"/> 5:13-21	<input type="checkbox"/> 18	<input type="checkbox"/> 1-2
	▶ 2 JOHN		
21. <input type="checkbox"/> 12:37-50	<input type="checkbox"/> 1-13	<input type="checkbox"/> 19	<input type="checkbox"/> 3-4
	▶ 3 JOHN		
22. <input type="checkbox"/> 13:1-11	<input type="checkbox"/> 1-14	<input type="checkbox"/> 20	<input type="checkbox"/> 5-6
	▶ JUDE		
23. <input type="checkbox"/> 13:12-17	<input type="checkbox"/> 1-7	<input type="checkbox"/> 21:1-21	<input type="checkbox"/> 7-8
24. <input type="checkbox"/> 13:18-30	<input type="checkbox"/> 8-16	<input type="checkbox"/> 21:22-34	<input type="checkbox"/> 9
25. <input type="checkbox"/> 13:31-38	<input type="checkbox"/> 17-25	<input type="checkbox"/> 22	<input type="checkbox"/> 10-12

November 2019

1631 1st Ave. E • Intl. Falls, MN • 56649 • 218.283.3365

From the Desk of Pastor Dan ...

Transition

I don't know if you have noticed it or not, but November is a big transition month, moving from fall to winter. You can feel it in the air with the arrival of the cooler winds and snow flurries. You can see it on the roads with all the hunters heading into the woods and in the stores preparing for Christmas shopping. School sports are changing from football to basketball or hockey. Lots of change happens in November.

Come to think of it, change takes place in our lives on a regular basis. I have heard it said that the only thing that doesn't change is change itself. Everything is changing all the time. Our health is either improving or declining. Our families and friends may be moving. Our jobs are beginning or ending. The economy is constantly shifting. The truth is that sometimes all the change gets to be too much. We want some things to stay the same for a while so that we can enjoy stable seasons in our lives.

However, since we are powerless to stop change, it's good to know that we have a God who is unchangeable. In the Bible, God says, I the LORD do not change (Malachi 3:6). In the book of Hebrews we are told, Jesus Christ is the same yesterday and today and forever (Hebrews 13:8).

And the good news about God's unchangeable character is that he is always good and loving and kind and gracious. He will come alongside of us and help us to navigate all the changes that we go through from day to day and give us peace. Now that is something to be thankful for.

In His Grip,

Pastor Dan

November

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 8:30am Prayer 9am Worship 9am Sunday school 10:30am Worship	4 6:30pm Prayer Meeting	5 9:15am Ladies Bible Study 6:45pm Prayer 7pm Celebrate Recovery	6 6am Men's Study 7:30am Men's Study 5:15-7:30pm Awana 7pm Teens	7 6:30pm Divorce Care 7pm Young Adults	8	9 10am Waffles & Widows
10 8:30am Prayer 9am Worship 9am Sunday school 10:30am Worship	11 6:30pm Prayer Meeting	12 9:15am Ladies Bible Study 6:45pm Prayer 7pm Celebrate Recovery	13 6am Men's Study 7:30am Men's Study 5:15-7:30pm Awana 7pm Teens	14 6:30pm Divorce Care 7pm Young Adults	15	16
17 8:30am Prayer 9am Worship 9am Sunday school 10:30am Worship	18 6:30pm Prayer Meeting	19 9:15am Ladies Bible Study 6:45pm Prayer 7pm Celebrate Recovery	20 6am Men's Study 7:30am Men's Study 5:15-7:30pm Awana 7pm Teens	21 6:30pm Divorce Care 7pm Young Adults 7pm Quilt Guild	22	23
24 8:30am Prayer 9am Worship 9am Sunday school 10:30am Worship	25 6:30pm Prayer Meeting	26 8:30am Men's Breakfast 9:15am Ladies Bible Study 5pm Comm. Cafe 6:45pm Prayer 7pm Celebrate Recovery	27 6am Men's Study 7:30am Men's Study 5:15-7:30pm Awana Family Fun Night 6-7pm Teens	28	29	30

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 Diane Adams Peter Rutgers
3	4	5 Caleb Boyer Chase Howdahl	6	7 Megan Galusha	8	9
10 Jaxson Galusha	11 Rosemary Reese	12 Ann Holm	13 Pat Larson	14	15 Lynn Peterson	16 Trevor Clarity
17 Jim Olson	18 Tom Clarity	19 Milo & Kay Larson	20 Jon Clarity Joyce Vacura Larry & Sonja Arch	21 Wayne & LaVonne Hasbargen	22 Renae Bahr Von Morgan	23 Diego Christianson
24 Vickie Bernard Christina Dowty Arvid & Dorothy Hoppe	25 Bailey Vollom	26	27 Kevin & Debbie Skifstad	28 Peter Griffith Steve King Ken & Mary Shoberg	29 Loretta Christianson	30