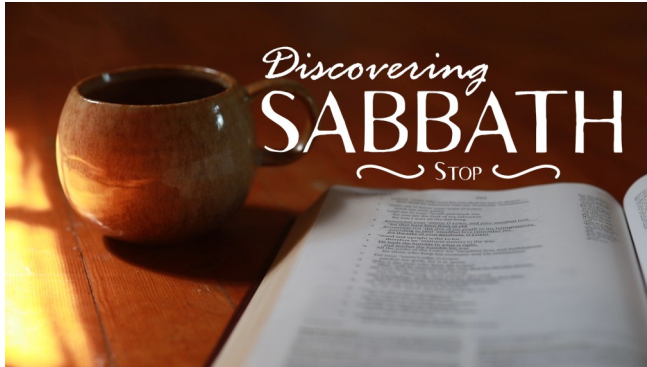


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- **Prayer Walk** — On Monday, August 30. We will pray for the schools. Please meet at the high school flag pole at 6:30pm.
- **Waffles & Widows** — Saturday, September 11, at 10am
- **Short-Term Missions Trip Fundraiser** — Sunday, September 12 at 11:am. Come and enjoy a Taco in a Bag and show support to those who have chosen to participate in the missions trip to Costa Rica.
- **Northern Options for Women** — is holding their Walk for Life event on Sunday, September 12. The one mile walk will again be hosted from our center (923 5th Street), and include a walk to Smokey Bear Park and back. The day will begin around 2 pm with entertainment (possibly a puppet show), open house, walk at 3pm and refreshments. This year we are encouraging walkers to pick up a sponsorship sheet to ask others to sponsor their walk. Prizes will be given for most sponsorships, youngest walkers, etc.
- **Baptism** — September 12 — If you are interested in being baptized, please let Pastor Seth know.
- **Bible Study** — Phyllis Holm will begin her Bible Study on September 20. *Don't Give the Enemy a Seat at Your Table*, by Louie Giglio, will be the topic. Sign up in the narthex by September 6 to get your book!
- **Kids Club** at South Falls Apartments — Wednesdays • 2-3pm • If you can help, please contact Lynn Peterson at 218.324.0508.
- **Celebrate Recovery** — Tuesdays at 7pm in Room 200.
- **Young Adults** — Thursdays at 7pm in the lower level.

Discovering Sabbath: Stop

Exodus 20.8-11

- ⁸ “Remember the Sabbath day, to keep it holy.
- ⁹ Six days you shall labor, and do all your work,
- ¹⁰ but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, you, or your son, or your daughter, your male servant, or your female servant, or your livestock, or the sojourner who is within your gates.
- ¹¹ For in six days the LORD made heaven and earth, the sea, and all that is in them, and rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy.