

**Missionary Highlight**

**Cathy Campobello** — Columbia



The Covenant Women’s Ministries are working with women of all ages. There is no limit to reaching new women in the region of the south coast. The women’s regional president of the south coast continues to invite women from small towns and rural areas as well as from the city to be part of God’s family in edifying each other.

Also from the north coast region, the women’s regional president has motivated the women in the urban areas and other places as they continue to study the Word of God and uphold each other. She has been instrumental in bringing unity and encouragement during challenging times where some women passed away during the pandemic.

The new president of the Federation of the Evangelical Covenant Church of Columbia, known as FIPEC in Spanish is Luis Barrientos. He is teaching the pastors and leaders in the churches about being sustainable, even as the effects of the pandemic continues to be challenging. He encourages them as they grown in maturity through God’s guidance and strength.

I am involved in a new project to have a Prayer Journal for Spanish speaking women. The women from various Spanish-speaking countries connected to the Covenant will be the writers. The prayer journal would be one where the women would be able to not only write in it, but grow in the Living Word through spiritual exercises, art, poems and more.

Recently I was on a short home assignment and have been busy visiting my friends and churches in the Illinois area.

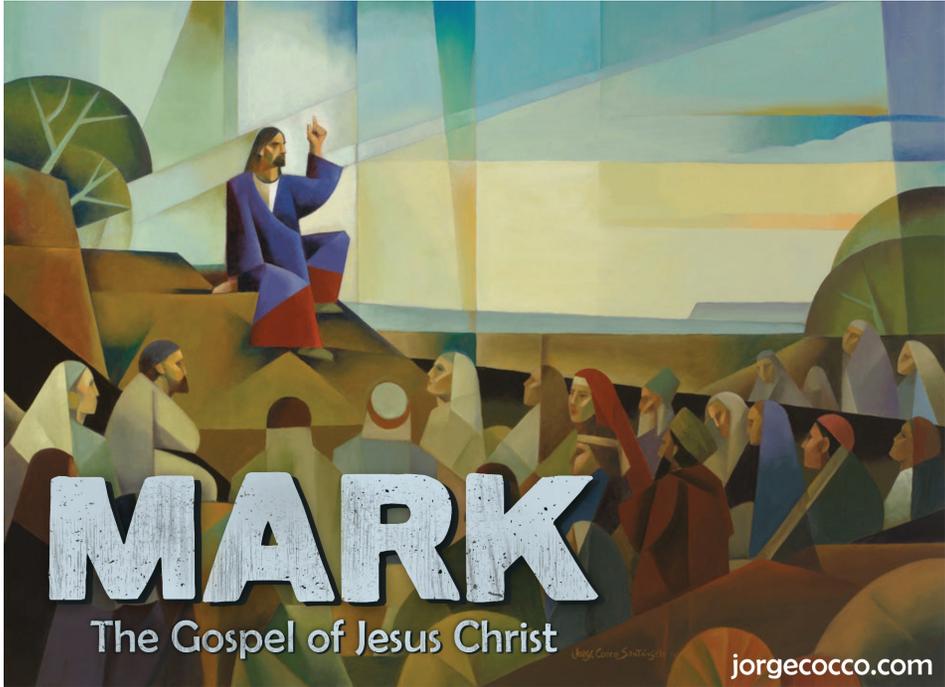
**Prayer Requests:**

1. For the women’s ministries work that I am involved in throughout the country.
2. The preparation of the Women’s Prayer Journal for Spanish.

May 2022	YTD Giving	YTD Expenses
General Fund (Calendar Year)	\$ 99,461	\$ 120,523
Missions Fund (Budget Year)	\$ 19,181	\$ 12,569



1631 1st Ave E • Intl Falls, MN • 283-3365 • [www.ifallscovenant.org](http://www.ifallscovenant.org)  
Wifi Password: Exodus15:2



Pastor Seth Bjornrud • [seth.bjornrud@ifallscovenant.org](mailto:seth.bjornrud@ifallscovenant.org) • 218.209.6293  
Pastor Marco Griffith • [marco.griffith@ifallscovenant.org](mailto:marco.griffith@ifallscovenant.org) • 218.417.0242  
Stacy Hall • [stacy.hall@ifallscovenant.org](mailto:stacy.hall@ifallscovenant.org) • 218.324.2709  
Office • [ecc@ifallscovenant.org](mailto:ecc@ifallscovenant.org) • 218.283.3365  
Prayer Request • [prayer@ifallscovenant.org](mailto:prayer@ifallscovenant.org)

## Weekly Events & Opportunities

- A Mother's Room (back of the sanctuary) and Nursery (downstairs) are available for **families with young children**.
- **Northern Options for Women Baby Bottle Campaign** — It isn't too late! Grab a baby bottle from the bassinet, fill it with your change, and return it by next Sunday, June 19.
- **Prayer Walk** — Please join us for a prayer walk around the church neighborhood on June 20, 6:30pm.
- **Bluewater Family Camp** — Mark your calendars for July 29-31! Pastor Paul & Lori Langmade will be there to share God's Word and to enjoy camp life with us. Be sure to sign up today!
- **Congratulations to our 2022 Graduates!**
  - Karlie Gustafson • 2862 Cty Rd 69
  - Diego Christianson • 2621 Town Rd 444
  - Mariah Layman • 1313 9th Street
  - Colton Hollis • June 12 • 2011 2nd Ave E • 2-6pm
- **Summer Office Hours** — Monday-Thursday, 8am-12pm
- **Menard's Rebates** — If you have Menard's 11% Rebate slips that you aren't planning on sending in, you can turn them into the office or giving box. The church will send them in & use the rebates towards future purchases.
- **Thank you to everyone** who helped clean up after the Yard Give this week. It takes the whole church to bless the community. Also, if you are traveling to Bemidji, Virginia, or Duluth in the near future, and can transport leftover donations to Goodwill or Savers, please contact Lynn Peterson at 218.324.0508. Thank you for your help.

## Community Opportunities

- **Servants of Shelter** Fundraiser Sale
  - Donation Day on June 15 (no books or clothing) 9am-4pm
  - Sale Day on June 16 • 8am-6pm • Philosopher's Club

## Jesus on Purity

Mark 7.1-23

Now when the Pharisees gathered to him, with some of the scribes who had come from Jerusalem, <sup>2</sup> they saw that some of his disciples ate with hands that were defiled, that is, unwashed. <sup>3</sup> (For the Pharisees and all the Jews do not eat unless they wash their hands properly, holding to the tradition of the elders, <sup>4</sup> and when they come from the marketplace, they do not eat unless they wash. And there are many other traditions that they observe, such as the washing of cups and pots and copper vessels and dining couches. <sup>5</sup> And the Pharisees and the scribes asked him, "Why do your disciples not walk according to the tradition of the elders, but eat with defiled hands?" <sup>6</sup> And he said to them, "Well did Isaiah prophesy of you hypocrites, as it is written, "This people honors me with their lips, but their hear is far from me; in vain do they worship me, teaching as doctrines the commandments of men."<sup>7</sup> <sup>8</sup> You leave the commandment of God and hold to the tradition of men."<sup>9</sup> And he said to them, "You have a fine way of rejecting the commandment of God in order to establish your tradition! <sup>10</sup> For Moses said, 'Honor your father and your mother'; and, 'Whoever reviles father or mother must surely die.'<sup>11</sup> But you say, 'If a man tells his father or his mother, "Whatever you would have gained from me is Corban"' (that is, given to God)—<sup>12</sup> then you no longer permit him to do anything for his father or mother, <sup>13</sup> thus making void the word of God by your tradition that you have handed down. And many such things you do."<sup>14</sup> And he called the people to him again and said to them, "Hear me, all of you, and understand: <sup>15</sup> There is nothing outside a person that by going into him can defile him, but the things that come out of a person are what defile him."<sup>17</sup> And when he had entered the house and left the people, his disciples asked him about the parable. <sup>18</sup> And he said to them, "Then are you also without understanding? Do you not see that whatever goes into a person from outside cannot defile him, <sup>19</sup> since it enters not his heart but his stomach, and is expelled?" (Thus he declared all foods clean.)<sup>20</sup> And he said, "What comes out of a person is what defiles him. <sup>21</sup> For from within, out of the heart of man, come evil thoughts, sexual immorality, theft, murder, adultery, <sup>22</sup> coveting, wickedness, deceit, sensuality, envy, slander, pride, foolishness. <sup>23</sup> All these evil things come from within, and they defile a person."